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Welcome to the June 2021 edition of the Study Melbourne Student Newsletter.

There's never been a more important time to look out for one another, and we are dedicated to supporting our international student community during this challenging time.

If you know anyone in our international student community who needs extra support, please encourage them to contact our team at the **Study Melbourne Student Centre** who are always available to assist you.

Get in touch via email at info@studymelbourne.vic.gov.au or call 1800 056 449.

Visit the COVID-19 Support for International Students hub for practical advice and links to official information.

Stay safe, and please keep in touch.

The team at Study Melbourne

Victoria's restriction levels

Victoria has moved to COVIDSafe Settings.

Find out what this means for you on the Victorian Government's coronavirus website.

Translated coronavirus (COVID-19) information

Access translated materials about COVID-19 on the Victorian Government's coronavirus website.

العربية, Bahasa Indonesia, English, 한국어, 日本語, ภาษาไทย, Türkçe, Português, 简体中文 , 繁體中文 , Español and tiếng Việt. Subscribe Past Issues Translate

Latest advice on travelling to victoria

Our international students are an important part of our classrooms, campuses, and community. We look forward to welcoming you back to Victoria when conditions allow.

Please visit our new **student arrivals webpage** for advice for returning students, including travel exemptions, support for offshore students, and frequently asked questions.

Holding a visa does not automatically allow you to travel to Australia at the moment, as Australia's borders are closed.

Limited travel exemptions are available for eligible international students through the Department of Home Affairs. This includes some health and medical students and PhD students.

Visit the **Department of Home Affairs website** for information about student visas. You can learn how online study may count towards a Temporary Graduate (subclass 485) visa.

Keep in touch with your education institution for ongoing support.

Thank you for your patience during this difficult time.



Future Founders Festival 2021 – Registrations open

Study Melbourne is pleased to announce the launch of the Future Founders Festival 2021. Designed for international students and budding entrepreneurs, the festival is completely free and will run online from Thursday July 15 to Friday July 16. Register now.

With a range of online events, talks and workshops featuring successful founders from international student, migrant and refugee backgrounds, the festival program offers everyone the opportunity to take part, no matter where you are based.

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The Festival is part of the **Future**

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program presented by Study Melbourne and **StartSpace**.



Career Catalyst

Study Melbourne Career Catalyst is a comprehensive career development hub that helps international students to build employability skills and make valuable industry connections.

In partnership with **Outcome.Life**, our program is supporting and empowering students by providing the right skills to excel in the job market.

This month's free events include interview and LinkedIn workshops, one-on-one resume coaching sessions, and an employability webinar.

Check out our Career Catalyst website to find out more.



Leadership Labs 2021

The Study Melbourne Leadership Labs 2021 are supporting the empowerment and leadership skills of emerging and future international student leaders.

Between May and July 2021, we are running weekly Study Melbourne Leadership Labs on various topics.

These events will help you grow as an individual, develop your leadership skills, and provide opportunities for you to meet a network of peers and hear from a range of guest speakers. If you want to level-up as a leader, this is the series for you. RSVP to secure your spot.

Study Melbourne Confidence Crew: South Asia

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South Asian students impacted by the ongoing COVID-19 crisis.

This 16-week virtual program will help you build social connections and emotional resilience.

Register NOW to be the first to get tickets. Places are limited, don't miss out!



IndianCare

IndianCare promotes the welfare and wellbeing of Victoria's South Asian international students from India, Pakistan, Sri Lanka, Bangladesh, Nepal and Myanmar.

The project addresses physical, mental and emotional wellbeing and delivers culturally appropriate activities to increase students' leadership and employability skills.

For more information visit their website.



Food aid relief for international students

Foodbank, OzHarvest and SecondBite are providing food aid to international students in Victoria experiencing financial hardship.

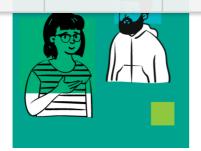
Foodbank's pop-up grocery store in the CBD is open from 10am to 2pm every Monday,
Wednesday and Friday (except public holidays)
and is located at 230 La Trobe Street.

OzHarvest provides bags of groceries for collection in metropolitan Melbourne, Geelong and Ballarat. Find the collection points on the **Study Melbourne website**.

Partners in Wellbeing — mental health support funded by the Victorian Government

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via telephone and video technology.

If you are experiencing poor mental health, contact Partners in Wellbeing on **1300 373 300**.

The Partners in Wellbeing helpline is open Monday-Friday 9am-10pm, and Saturday/Sunday 9am-5pm.



2021 Virtual Sexual Health Conference - The Council of International Students Australia (CISA)

.The conference will focus on the topics that are rarely addressed but are paramount to our health and wellbeing.

The 2021 Virtual Sexual Health Conference will be held every (Wednesday) from **16 June 2021 to 7 July 2021**, from 7:30pm to 8:30pm.

The topics include:

- Session 1 on (16 June 2021): Sexual violence, sexual harassment, consent and toxic masculinity
- Session 2 on (23 June 2021): LGBTQI+, gender equality, intersectionality and cultural taboos in seeking support
- Session 3 on (30 June 2021): love, relationships, STDs, contraception, pregnancy, abortion
- Session 4 on (07 July 2021): menstruation, menopause, family planning, self-care, reproductive health

For the latest event updates follow their **Facebook page**.

Support for international students

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income during that time, you may be eligible to receive the \$450 Test Isolation Payment. Find out more about the COVID-19 Test Isolation Payment.

Emergency financial relief

If you're experiencing financial hardship, you may be eligible for emergency financial assistance through the Victorian Government's **Extreme Hardship Support Program**.

The program is for temporary and provisional visa holders and undocumented migrants who are unable to access Commonwealth income support, and have zero or very little income, savings or community support.

If you received an International Student Emergency Relief Fund payment and still require assistance to pay for basics like rent, food and bills, you can apply for an emergency payment.

Please visit www.redcross.org.au/vicrelief to apply.

Other support

There is other support available for international students in Victoria:

- help to find work through the Jobs Victoria online hub
- utility relief grants to help pay overdue bills
- a dedicated coronavirus (COVID-19) support hub
- free legal advice on accommodation and employment matters
- confidential support and practical help through the Study Melbourne
 Student Centre.

Visit the Study Melbourne events page - An essential guide for student events in Melbourne and surrounding areas.

Read: How to overcome language barriers

Study Melbourne Ambassador Hoa Pham shares
tips for building your language skills,
understanding Aussie slang and overcoming
communication breakdowns.

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Read the story.

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Useful Links

Health and wellbeing

Study Well

Coronavirus (COVID-19) Victoria updates

Work

Working in Victoria

Your rights at work

Transport discount

iUSEpass

Safety

Student safety

Others

Victoria Police

Help from a consulate or embassy

What to do in an emergency

